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Dare To Do: Taking On The Planet By Bike And Boat



Synopsis

Shortlisted for the Edward Stanford Adventure Travel Book of the Year 2016. In November 2015 Sarah Outen completed her five-year, 25,000 mile journey looping the planet by cycling across Europe, Asia and North America and canoeing and kayaking across the North Pacific and most of the North Atlantic. An incredible adventurer and an inspiration, Sarah has met with devastating catastrophe (losing her rowing boat, Gulliver, after a tropical storm in the Pacific and then Happy Socks before a hurricane hit her on the Atlantic), motivated people she met to do amazing things and encountered unbelievable beauty in the natural world. This is the story of her adventure and inner journey and a call to action, to redefine your own boundaries, to be courageous and to dare to do.

Book Information

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Customer Reviews

Sarah Outen successfully rowed from Australia in 124 days, 14 hours and 9 minutes before arriving, on the island of Mauritius, on 3 August 2009. She was to become the youngest person and the first woman to row alone across the Indian Ocean in 2009. Once Outen was on shore, she had to deal with a number of quick fired questions; however, one question supplants itself inside her bold and exploratory mind set: 'What next?' It was not until several months later that British athlete and adventurer fleshed out her next Herculean task. Her plan was for a global trek by an ocean rowing, kayak and bike. The 20,000 miles journey was organized to take two and half years to complete. Her following great adventure began on 1 April 2011, when Outen

set off on a voyage/mission called "London2London: Via the World". As part of her trip Outen rowed solo from Japan to Alaska and on the way, she had to embattled hazardous seas, cargo ships, sickness and her boat being overturned five times. She also fought the emotional battle of being in isolation. Dare to Do: Taking on the planet by bike and boat is a well written narrative, by a person who knows how to convey her thoughts and adventures on to the printed form. There is collection of good colored photographic plates; it would have been nicer to have more. However, Sarah Outen's words really bring to the fore her amazing travels and I am glad she has shared them with us..

Ms Outen is wonderfully, stupendously mad.....as a hatter.....but shows so much personal conviction and strength and grace that you grin broadly as you shake your head in near disbelief at her journey and the perils therein. I've read both of her books and can't wait to find out what happens 'next'.

Gripping read!

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